

Questions to Ask Your Midwife

- 1. Why did you become a midwife?
- 2. How many years have you been practicing?
- 3. How many births have you attended?
- 4. What are your training and certifications?
- 5. What is the most common reason you transport in labor?
- 6. What are the most common reasons a client would risk out of your practice before labor?
- 7. What is your transfer rate?
- 8. What is your style or bedside manner?
- 9. What makes you different/unique as a midwife?
- 10. Do you do a prenatal home visit?
- 11. Who will help you at my birth? What are their qualifications?
- 12. Do you have current CPR and Neonatal resuscitation training? Do your assistant(s)?
- 13. What happens if you have more than one client in labor at the same time?
- 14. Who is your backup midwife? Will I meet her before my birth?
- 15. Will student midwives be involved in my care? If so, how?
- 16. How many clients do you take per month?
- 17. How many births have you missed?
- 18. Do you have any vacations planned on or around my due date?
- 19. What is your preferred method of communication, prenatally (phone, email, text)?
- 20. Do you tend to recommend natural treatments in pregnancy or more medical treatments?
- 21. Do you have experience and recommendations for prenatal nutrition?
- 22. What methods of pain management do you recommend in labor?
- 23. What happens if I need a prescription for a medication during my pregnancy?
- 24. How often will I have appointments with you during my pregnancy? How long are they?
- 25. Are children or other family members allowed to come to my visits?
- 26. Do you require any specific prenatal testing in your practice?
- 27. What happens if I test positive for Group B Strep?
- 28. What does the 1st hour after a homebirth look like?
- 29. What does my postpartum care include?
- 30. Do you offer the newborn screenings at my postpartum visits?
- 31. How far past my due date can I go before I would need to be transferred for induction?
- 32. Do you have experience with postpartum hemorrhage, shoulder dystocia, breech baby or cord prolapse?
- 33. Do you carry emergency medications like oxygen or pitocin for postpartum hemorrhages? Why or why
- 34. What do you do to prevent tearing at the birth? What happens if I do tear?
- 35. What is the cost of your services? What all is included? When is the full fee due?
- 36. If I transfer before labor am I eligible for a refund?

